YUTHOK LING WELLNESS CENTER



Project Description

Internal surface area: approximately 150 m² over two levels
External courtyard: approximately 100 m²
Preliminary estimated cost: €350,000–€400,000 + VAT

The project involves the complete demolition and reconstruction of the existing building, with particular attention to the use of natural materials and to integrating the building harmoniously into its natural surroundings.



Meditation and Teaching Space

Ground Floor - Meditation and Teaching Hall

* Large open-plan hall dedicated to meditation, practice and teachings
* Large windows and glazed openings
* Fireplace
* Iron pergola running along the long side of the building, as shown in the project drawings
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Hallway



Treatment Rooms

Upper Floor - Treatment Rooms

* Direct access to the upper floor from the external courtyard, which is located at the same level
* Four individual treatment rooms
* Each treatment room will include:
    * Massage and treatment table
    * Shower
    * Washbasin
    * Toilet
* Large windows and glazed openings
* Large glazed opening at the end of the corridor, as shown in the project drawings



Outdoor Treatment Area and Therapeutic Pool

Surrounding Courtyard and Outdoor Therapy Area

* Complete renovation and landscaping of the external courtyard, located at the same level as the upper floor and providing direct access to the treatment area
* Repaving of the courtyard with traditional terracotta tiles
* Iron pergola along the long side of the building at ground-floor level, as shown in the project drawings
* Installation of a therapeutic pool/tub for Lum therapy- 5 nectar bath
* Outdoor treatment area with treatment beds
* Possible installation of a sauna

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